Westside High School – Foreign Language LOTE

WEEKLY LESSON PLAN

Teacher: Mr. Gallien

Subject: ASL Level one

Week of February 3 to 7, 2025

Grade: Grade 9 - 12

6 Weeks Cycle: 4th of 6 Week – 22

Absolutely! Let's go over the key signs and words from Unit 5 on "Telling How Often," followed by a quick review and quiz at the end to reinforce what you've learned.

Key Frequency Words in ASL:

**Always**

Sign: Circling both hands in front of your body, palms facing forward.

Meaning: Something that happens all the time.

**Usually**

Sign: Move a "U" handshape in a small arc toward your body.

Meaning: Something that happens most of the time.

**Often**

Sign: Use a "5" handshape and move it in a circular motion in front of your body.

Meaning: Something that happens frequently, but not as much as "always."

**Sometimes**

Sign: Move your dominant hand in an "S" shape in a small circle in front of your chest.

Meaning: Something that happens now and then, but not frequently.

**Rarely**

Sign: Make an "R" shape with your dominant hand and move it in a small arc across the non-dominant hand.

Meaning: Something that happens infrequently or rarely.

**Never**

Sign: With a “5” handshape, move your dominant hand in a slight arc away from your body.

Meaning: Something that doesn't happen at all.

Review Practice

Let's quickly go over some review concepts:

How do you say "I always eat breakfast at 7 am"?

Sign: "I" (point to yourself) + "always" (circle hands) + "eat" (O handshape near mouth) + "breakfast" (tap your fingers on your mouth) + "7 am" (sign for time, then “7”).

How do you say "He sometimes goes to the park"?

Sign: "He" (point to him) + "sometimes" (S hand in a circle) + "go" (point forward) + "park" (two "P" handshapes, moving them apart).

Quiz Time!

Now, let's test your understanding with a quiz! I'll give you a few sentences in English, and you can try to translate them into ASL.

"I rarely go shopping."

Hint: Use the sign for "rarely" and "shopping."

"She always walks her dog in the morning."

Hint: Use the sign for "always," "walk," "dog," and "morning."

"They usually eat dinner at 6 PM."

Hint: Use the sign for "usually," "eat," "dinner," and "6 PM."

"We sometimes visit family on weekends."

Practice Sentences

I usually study in the evening.

"I" (point to yourself) + "usually" (move the "U" handshape) + "study" (form your hands in a "B" shape and tap them lightly near your forehead) + "evening" (sign for "evening" by making a "5" shape, moving one hand downward across the other hand).

He never eats vegetables.

"He" (point to him) + "never" (sign "never") + "eat" (form "O" shape near the mouth) + "vegetables" (use the sign for "vegetables" by tracing a "V" shape on your cheek).

Key Tips for Practice:

Facial Expressions: ASL relies heavily on facial expressions to convey meaning. For example, when you sign "rarely," your expression might show that it’s something unusual or uncommon.

Time Indicators: ASL uses specific time indicators like "today," "tomorrow," "yesterday," etc., which can help you further clarify when an action takes place.

Use of Repetition: Repeating the sign for frequency (like "always" or "often") can be used to emphasize how often an action occurs.

Would you like to practice a sentence or two using these frequency signs

Hint: Use the sign for "sometimes," "visit," "family," and "weekends